

SHRM
CUSTOMIZED
HEALTH CARE
BENCHMARKING
REPORT

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SHRM CUSTOMIZED
HEALTH CARE BENCHMARKING REPORT**

Your report is based on the following criteria:

SELECTION CRITERIA

Industry: Health Care and Social Assistance

Staff Size: All Sizes

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A GUIDE TO YOUR SHRM CUSTOMIZED BENCHMARKING REPORT

Understanding the Data

As you compare your own data against other organizations, please keep the following in mind:

1. This report is based on data derived from the SHRM Customized Benchmarking Database, which contains organizational data from a random sample of SHRM members. The report is designed to target companies that closely match the selected criteria to allow for a more focused and comparable analysis and interpretation. Therefore, any interpretations of these data should be kept within this context.
2. A deviation between your figure for any benchmarking measure and the comparative figure is not necessarily favorable or unfavorable; it is merely an indication that additional analyses may be needed. Benchmarking measures that relate more closely to the context of your organization's industry and staff size are more descriptive and meaningful than information that is more generic in nature, such as all industries

combined. The larger the discrepancy between your figure and those found in this report, the greater the need for additional scrutiny.

3. In cases where you determine that potentially serious deviations do exist, it may be helpful to go back and calculate the same benchmarking measure for your organization over the past several years to identify any trends that may exist.

4. The information in this report should be used as a tool for decision-making rather than an absolute standard. Because companies differ in their overall business strategy, location, staff size and other factors, any two companies can be well managed, yet some of their benchmarking measures may differ greatly. No decision should be made solely based on the results of any one study.

Working With the Data

The information in this report is designed to be a tool to help you evaluate decisions and

activities that affect your organization. When reviewing these data, it is important to realize that business strategy, organizational culture, leadership behaviors and industry pressures are just a few of the many factors that drive various organizational measures. Absolute measures are not meaningful in isolation—they should be compared with one or more measures to determine whether a satisfactory level exists. Other measures, for example, might be your organization's past results in this area or comparatives based on organization staff size, industry or geographic location.

Each table in the report contains customized benchmarks in aggregated form. There may be discrepancies between your organization's benchmarks and the average or median numbers for a particular category. It is particularly helpful to communicate to stakeholders that just because your organization has benchmarks that are different from the average or median, it does not mean they are favorable or unfavorable. Rather, it may be the result of a particular

total organizational strategy, special circumstances or other business initiatives that cause differences with your organization's benchmarks.

Notes

The data in this report were collected from May to July 2017 and reflect plan years 2016 and 2017.

The number of respondents, indicated by "n," is composed of the organizations that responded to the specific benchmark. Therefore, the number of peer organizations may vary from benchmark to benchmark. The percentile is the percentage of responses in a group that have values less than or equal to that particular value. The median is the 50th percentile. The average, or mean, is the sum of the responses divided by the total number of responses.

Some benchmarks are less frequently collected by organizations or may be more difficult to obtain. Some data are not displayed when there are fewer than five organizations for a specific metric.

SHRM CUSTOMIZED HEALTH CARE BENCHMARKING REPORT

HEALTH CARE AND STOP LOSS COVERAGE PREVALENCE

	n	Offered	Not Offered
Percentage of organizations providing health care coverage	299	98%	2%
Percentage of organizations that vary health care premium contributions by employee salary	268	13%	87%
Percentage of organizations with self-funded health care coverage	234	37%	63%
Percentage of organizations with fully insured health care coverage	234	63%	37%
Percentage of organizations with stop loss coverage	73	86%	14%

SHRM CUSTOMIZED HEALTH CARE BENCHMARKING REPORT

EMPLOYEE PARTICIPATION AND PLANS OFFERED

	Percentage of Employees Enrolled	Percentage of Organizations Offering Plan		Number of Health Care Plans Offered
n	182	279	n	213
HMO	21%	36%	1 plan	33%
EPO	3%	6%	2 plans	28%
PPO	52%	75%	3 or more plans	39%
POS	6%	12%		
CDHP	7%	16%		
Opt Out	11%			

SHRM CUSTOMIZED HEALTH CARE BENCHMARKING REPORT

HEALTH CARE COST AND STOP LOSS COVERAGE AMOUNT

	n	25th Percentile	Median	75th Percentile	Average
Health care cost as a percentage of operating expense	52	3.06%	5.08%	7.68%	5.62%
Total annual health care cost per covered employee	101	\$5,455	\$7,286	\$9,647	\$7,694
Amount of stop loss coverage	33	\$75,000	\$120,000	\$225,000	\$166,061

* Metrics with a sample size ("n") of less than 5 are not displayed.

SHRM CUSTOMIZED HEALTH CARE BENCHMARKING REPORT

HEALTH CARE COSTS FOR ALL PLANS COMBINED

	n	25th Percentile	Median	75th Percentile	Average
Total monthly premium for employee-only coverage	163	\$365	\$512	\$629	\$493
Percentage of premium employer pays for employee-only coverage	164	70%	80%	92%	76%
Percentage of premium employer pays for spouse or domestic partner coverage	153	5%	56%	75%	48%
Annual in-network deductible for employee-only coverage	159	\$500	\$1,500	\$3,000	\$1,922
Annual out-of-network deductible for employee-only coverage	126	\$1,000	\$3,000	\$4,500	\$2,786
Co-pay for in-network primary care office visits for employee-only coverage	153	\$20	\$25	\$30	\$25

* Metrics with a sample size ("n") of less than 5 are not displayed.

SHRM CUSTOMIZED HEALTH CARE BENCHMARKING REPORT

HEALTH MAINTENANCE ORGANIZATION

	n	25th Percentile	Median	75th Percentile	Average
Total monthly premium for employee-only coverage	48	\$357	\$484	\$579	\$468
Percentage of premium employer pays for employee-only coverage	51	65%	80%	100%	77%
Percentage of premium employer pays for spouse or domestic partner coverage	49	0%	50%	73%	41%
Annual in-network deductible for employee-only coverage	48	\$0	\$1,100	\$3,000	\$1,661
Annual out-of-network deductible for employee-only coverage	34	\$0	\$750	\$3,000	\$1,806
Co-pay for in-network primary care office visits for employee-only coverage	44	\$20	\$20	\$30	\$23

* Metrics with a sample size ("n") of less than 5 are not displayed.

SHRM CUSTOMIZED HEALTH CARE BENCHMARKING REPORT

PREFERRED PROVIDER ORGANIZATION

	n	25th Percentile	Median	75th Percentile	Average
Total monthly premium for employee-only coverage	117	\$391	\$539	\$675	\$521
Percentage of premium employer pays for employee-only coverage	118	66%	80%	88%	73%
Percentage of premium employer pays for spouse or domestic partner coverage	108	10%	56%	75%	47%
Annual in-network deductible for employee-only coverage	114	\$500	\$1,500	\$3,000	\$1,860
Annual out-of-network deductible for employee-only coverage	88	\$1,000	\$2,250	\$4,600	\$2,797
Co-pay for in-network primary care office visits for employee-only coverage	110	\$20	\$25	\$30	\$26

* Metrics with a sample size ("n") of less than 5 are not displayed.

SHRM CUSTOMIZED HEALTH CARE BENCHMARKING REPORT

POINT OF SERVICE

	n	25th Percentile	Median	75th Percentile	Average
Total monthly premium for employee-only coverage	17	\$480	\$577	\$688	\$576
Percentage of premium employer pays for employee-only coverage	17	76%	91%	100%	88%
Percentage of premium employer pays for spouse or domestic partner coverage	17	0%	50%	70%	44%
Annual in-network deductible for employee-only coverage	18	\$750	\$2,000	\$2,500	\$1,848
Annual out-of-network deductible for employee-only coverage	14	\$2,000	\$4,000	\$4,500	\$3,325
Co-pay for in-network primary care office visits for employee-only coverage	17	\$25	\$30	\$35	\$29

* Metrics with a sample size ("n") of less than 5 are not displayed.

SHRM CUSTOMIZED HEALTH CARE BENCHMARKING REPORT

CONSUMER-DRIVEN HEALTH PLAN: HIGH-DEDUCTIBLE HEALTH PLAN

	n	25th Percentile	Median	75th Percentile	Average
Total monthly premium for employee-only coverage	26	\$390	\$496	\$580	\$465
Percentage of premium employer pays for employee-only coverage	24	55%	85%	90%	75%
Percentage of premium employer pays for spouse or domestic partner coverage	22	45%	72%	84%	63%
Annual in-network deductible for employee-only coverage	26	\$2,000	\$2,500	\$3,500	\$2,754
Annual out-of-network deductible for employee-only coverage	18	\$3,500	\$4,800	\$6,000	\$4,539
Co-pay for in-network primary care office visits for employee-only coverage	16	\$0	\$20	\$30	\$17

* Metrics with a sample size ("n") of less than 5 are not displayed.

SHRM CUSTOMIZED HEALTH CARE BENCHMARKING REPORT

CONSUMER-DRIVEN HEALTH PLAN: HEALTH SAVINGS ACCOUNT AND HEALTH REIMBURSEMENT ARRANGEMENT

	n	25th Percentile	Median	75th Percentile	Average
Employer contribution to a health savings account	65	\$0	\$250	\$750	\$547
Employer contribution to a health reimbursement arrangement	40	\$500	\$1,107	\$2,125	\$1,707

* Metrics with a sample size (“n”) of less than 5 are not displayed.

SHRM CUSTOMIZED HEALTH CARE BENCHMARKING REPORT

PRESCRIPTION MEDICATION PREVALENCE

	n	Offered	Not Offered
Percentage of organizations offering generic prescription medication coverage	231	99%	1%
Percentage of organizations offering formulary brand prescription medication coverage	231	90%	10%
Percentage of organizations offering non-formulary brand prescription medication coverage	231	78%	22%
Percentage of organizations offering a 90-day mail-order prescription medication supply	211	95%	5%

SHRM CUSTOMIZED HEALTH CARE BENCHMARKING REPORT

PRESCRIPTION MEDICATION CO-PAY AMOUNTS

	n	25th Percentile	Median	75th Percentile	Average
Employee co-pay for generic medication	160	\$9	\$10	\$15	\$11
Employee co-pay for formulary brand medication	145	\$25	\$35	\$40	\$36
Employee co-pay for non-formulary brand medication	128	\$50	\$60	\$70	\$61
Employee co-pay for 90-day mail-order supply of generic medication	118	\$13	\$20	\$30	\$22
Employee co-pay for 90-day mail-order supply of formulary brand medication	110	\$50	\$66	\$90	\$72
Employee co-pay for 90-day mail-order supply of non-formulary brand medication	97	\$88	\$120	\$160	\$130

* Metrics with a sample size (“n”) of less than 5 are not displayed.

SHRM CUSTOMIZED HEALTH CARE BENCHMARKING REPORT

RETIREMENT DATA

	n	Offered	Not Offered
401(k), 403(b) or similar plan	270	91%	9%
Percentage of organizations with automatic employee enrollment	224	30%	70%
Percentage of organizations providing employer contribution	242	88%	12%

SHRM CUSTOMIZED HEALTH CARE BENCHMARKING REPORT

RETIREMENT DATA

	n	25th Percentile	Median	75th Percentile	Average
Employee participation rate	152	24%	60%	85%	55%
Percentage of an employee's salary automatically contributed by employer	55	3.00%	3.00%	4.00%	3.49%
Percentage of an employee's contribution matched by the employer	149	50%	100%	100%	71%
Maximum percentage of salary matched by the employer	156	3.00%	4.00%	5.00%	4.74%

* Metrics with a sample size ("n") of less than 5 are not displayed.

SHRM CUSTOMIZED HEALTH CARE BENCHMARKING REPORT

TUITION/EDUCATION DATA

	n	Offered	Not Offered
Tuition reimbursement	264	57%	43%

	n	25th Percentile	Median	75th Percentile	Average
Maximum reimbursement allowed for tuition/ education expenses per year	92	\$1,500	\$2,600	\$5,000	\$3,407
Percentage of employees participating in tuition/education reimbursement programs	78	1%	5%	10%	11%

* Metrics with a sample size (“n”) of less than 5 are not displayed.

HEALTH CARE GLOSSARY OF METRIC TERMS, DEFINITIONS AND CALCULATIONS

Statistical Definitions

“n”

The letter “n” in tables and figures indicates the number of respondents to each question. In other words, when it is noted that n = 25, it indicates that the number of respondents was 25.

Percentile

The percentile is the percentage of responses in a group that have values less than or equal to that particular value. For example, when data are arranged from lowest to highest, the 25th percentile is the point at which 75% of the data are above it and 25% are below it. Conversely, the 75th percentile is the point at which 25% of the data are above it and 75% are below it.

Median (50th percentile)

The median is the midpoint of the set of numbers or values arranged in ascending order. It is recommended that the median is used as a basis for all interpretations of the data when the average and median are discrepant.

Average

The average is the sum of the responses divided by the total number of responses. It is also known as the mean. This measure is affected more than the median by the occurrence of outliers (extreme values). For this reason, the average reported may be greater than the 75th percentile or less than the 25th percentile.

Health Care Coverage Prevalence

Percentage of Organizations Providing Health Care Coverage

This percentage represents those organizations that offer health care coverage as a benefit to their employees. It is calculated by dividing the number of organizations that offer health care benefits by the total number of organizations, regardless of whether they offer health care coverage.

Percentage of Organizations that Vary Health Care Premium Contributions by Employee Salary

This percentage represents those organizations that offer differing amounts of contributions to the monthly health care premium based on employees' salaries. Employees with lower salaries typically have a higher percentage of the premium contributed by the employer. This percentage is calculated by dividing the number of organizations that vary premium contributions by the total number of organizations that offer health care coverage.

Percentage of Organizations with Self-Funded Health Care Coverage

This percentage represents those organizations whose health care is self-funded by the organization. A self-funded health care plan is one in which no insurance company or service plan collects premiums and assumes risk. In a sense, the employer is acting as its own insurance company, paying the medical claims submitted by its employees. This percentage is calculated by dividing the number of organizations with self-funded health care coverage by the total number of organizations, regardless of whether their health care is self-funded.

Percentage of Organizations with Fully Insured Health Care Coverage

In fully insured plans, the employer pays a fixed premium per enrolled employee to the health insurance carrier who assumes the risk of coverage. The percentage of

organizations with fully insured health care plans is calculated by dividing the number of organizations with fully insured health care coverage by the total number of organizations, regardless of whether their health care is fully insured.

Percentage of Organizations with Stop Loss Coverage

This percentage represents those organizations that contract with a third-party insurance provider to cover medical claims if they exceed a specified dollar amount over a set period of time. It is calculated by dividing the number of organizations that have stop loss coverage by the total number of organizations, regardless of whether they have stop loss coverage.

Employee Participation and Plans Offered

Percentage of Employees Enrolled

This percentage represents the number of employees in an organization that have elected to sign up for an organization's health care plan. It is calculated by dividing the number of employees who enroll in an organization's health care plan by the total number of employees in the organization, regardless of whether they have elected health care coverage from the organization.

Percentage of Organizations Offering a Health Care Plan

This percentage represents the number of organizations offering at least one of the following health care plans: health

maintenance organization (HMO), exclusive provider organization (EPO), preferred provider organization (PPO), point of service (POS), indemnity and consumer-driven health plan (CDHP). It is calculated by dividing the number of organizations offering a specific plan by the total number of organizations, regardless of whether they offer a specific plan.

Number of Health Care Plans Offered

Organizations may offer a number of different health care plans to meet the needs of their employee population. This percentage represents the number of organizations that offer one or more health care plans from which their employees can choose.

Health Care Cost and Stop Loss Coverage Amount

Health Care Cost as a Percentage of Operating Expense

Health care cost as a percentage of operating expense is a ratio of an organization's total health care expenses, including premiums, administration costs, and any other medical claims covered by the employer, to the organization's total operating expenses.

Total Annual Health Care Cost per Covered Employee

Health care expense per covered employee is calculated by taking the total health care expenses paid by the organization in a given year and dividing it by the number of

employees who are enrolled in a health care plan.

Amount of Stop Loss Coverage

Organizations often contract with a third-party insurance provider to cover medical claims if they exceed a specified dollar amount over a set period of time. This benchmark represents the dollar amount at which the stop loss coverage begins.

Health Care Costs for All Plans Combined

Total Monthly Premium for Employee-Only Coverage

This benchmark is the total monthly dollar amount that both the employer and employee pay for health care to cover an employee who is enrolled in an organization's health care plan.

Percentage of Premium Employer Pays for Employee-Only Coverage

The percentage of premium the organization pays for employee-only coverage is calculated by dividing the monthly dollar amount the organization pays for employee-only coverage premiums by the total monthly premium dollar amount.

Percentage of Premium Employer Pays for Spouse or Domestic Partner Coverage

The percentage of premium the organization pays for spouse or domestic partner coverage is calculated by dividing the dollar amount the organization pays for spouse or

domestic partner coverage premiums by the total premium dollar amount.

Annual In-Network Deductible for Employee-Only Coverage

This benchmark is the annual amount of out-of-pocket expenses that the employee pays for health care services when the provider participates in the employee's health care plan.

Annual Out-of-Network Deductible for Employee-Only Coverage

This benchmark is the annual amount of out-of-pocket expenses that the employee pays for health care services when the provider does not participate in the employee's health care plan.

Co-Pay for In-Network Primary Care Office Visits for Employee-Only Coverage

This benchmark represents the payment due at the time of service to a provider that participates with the employee's health plan. Co-pays are made in addition to deductibles.

Health Maintenance Organization

Health maintenance organizations (HMOs), typically referred to as managed care plans, are prepaid medical group practice plans that provide comprehensive predetermined medical care benefits for prenegotiated amounts. Some HMO plans utilize gatekeepers to ensure that certain medical services are used only when absolutely necessary.

Preferred Provider Organization

Preferred provider organizations (PPOs) are formed by an insurance company, an employer or a group of employers who negotiate discounted fees with networks of health care providers. In return, the employers guarantee a certain volume of patients and prompt payment. PPO participants' out-of-pocket costs are usually lower than under a fee-for-service plan.

Point of Service

Point of service (POS) plans allow employees to use both in-network and out-of-network providers, although benefits are greater if in-network providers are used. Often combining aspects of a PPO and an HMO, some POS plans utilize gatekeepers to ensure that certain medical services are used only when absolutely necessary.

Consumer-Driven Health Plan: High-Deductible Health Plan

A consumer-driven health plan (CDHP) is a high-deductible health care plan that is presented along with a tax-advantaged spending account. Presently, two types of plans meet these criteria—health savings accounts (HSAs) and health reimbursement arrangements (HRAs).

Consumer-Driven Health Plan: Health Savings Accounts and Health Reimbursement Arrangements

Employer Contribution to a Health Savings Account

Health savings accounts, a component of consumer-driven health care plans, allow employers and employees to contribute to tax-deductible accounts for the benefit of employees covered under high-deductible health plans. This benchmark indicates the amount employers contribute to health savings accounts.

Employer Contribution to a Health Reimbursement Arrangement

Health reimbursement arrangements, a component of consumer-driven health care plans, are tax-free accounts funded by employers only. Any benefit dollars that are left in the account at year-end can roll over and be used to cover future medical expenses.

Prescription Medication Co-Pays

Percentage of Organizations Offering Generic Prescription Medication Coverage

This percentage represents those organizations that offer generic prescription health care coverage as a benefit to their employees. It is calculated by dividing the number of organizations that offer generic prescription health care benefits by the total

number of organizations, regardless of whether they offer generic prescription health care coverage.

Percentage of Organizations Offering Formulary Brand Prescription Medication Coverage

This percentage represents those organizations that offer formulary brand prescription health care coverage as a benefit to their employees. It is calculated by dividing the number of organizations that offer formulary brand prescription health care benefits by the total number of organizations, regardless of whether they offer formulary brand prescription health care coverage.

Percentage of Organizations Offering Non-Formulary Brand Prescription Medication Coverage

This percentage represents those organizations that offer non-formulary brand prescription health care coverage as a benefit to their employees. It is calculated by dividing the number of organizations that offer non-formulary brand prescription health care benefits by the total number of organizations, regardless of whether they offer non-formulary brand prescription health care coverage.

Percentage of Organizations Offering a 90-Day Mail-Order Prescription Medication Supply

This percentage represents those organizations that offer 90-day mail-order prescription health care coverage as a

benefit to their employees. It is calculated by dividing the number of organizations that offer 90-day mail-order prescription health care benefits by the total number of organizations, regardless of whether they offer 90-day mail-order prescription health care coverage.

Employee Co-Pay for Generic Medication

This benchmark represents the payment made at the time of purchase for generic prescription medication. Generic medication is equal in therapeutic dose to brand-name original medications and is typically cost-effective. Co-pays are made in addition to deductibles.

Employee Co-Pay for Formulary Brand Medication

This benchmark represents the payment made at the time of purchase for formulary prescription medication. Formulary brand medications are a list of preferred medications that are covered by a plan at a discount, and they differ from plan to plan. Medications are selected to be included in this list because they are cost-effective or have a generic substitution available. Co-pays are made in addition to deductibles.

Employee Co-Pay for Non-Formulary Brand Medication

This benchmark represents the payment made at the time of purchase for non-formulary prescription medication. Non-formulary brand medications are not on the formulary list of medications, and therefore, no discount is usually offered. Some plans may refuse to cover a non-formulary

medication if a physician has prescribed a generic substitution. Co-pays are made in addition to deductibles.

Employee Co-Pay for 90-Day Mail-Order Supply of Generic Medication

This benchmark represents the payment made at the time of purchase for a 90-day supply of generic prescription medication when the prescription is ordered through the mail. Generic medication is equal in therapeutic dose to brand-name original medications and is typically cost-effective. Co-pays are made in addition to deductibles.

Employee Co-Pay for 90-Day Mail-Order Supply of Formulary Brand Medication

This benchmark represents the payment made at the time of purchase for a 90-day supply of formulary prescription medication when the prescription is ordered through the mail. Formulary brand medications are a list of preferred medications that are covered by a plan at a discount, and they differ from plan to plan. Medications are selected to be included in this list because they are cost-effective or have a generic substitution available. Co-pays are made in addition to deductibles.

Employee Co-Pay for 90-Day Mail-Order Supply of Non-Formulary Brand Medication

This benchmark represents the payment made at the time of purchase for a 90-day supply of non-formulary prescription medication when the prescription is ordered through the mail. Non-formulary brand

medications are not on the formulary list of medications, and therefore, no discount is usually offered. Some plans may refuse to cover a non-formulary medication if a physician has prescribed a generic substitution. Co-pays are made in addition to deductibles.

Retirement Data

401(k), 403(b) or Similar Plan

This percentage represents those organizations that offer 401(k), 403(b) or similar plans to employees. A 401(k) plan allows employees to make tax-favored pay deferrals toward retirement savings through a payroll deduction plan. A 403(b) plan is similar to a 401(k), but it allows employees of certain tax-exempt organizations to contribute pretax dollars toward retirement.

Percentage of Organizations With Automatic Employee Enrollment

This benchmark reflects the percentage of organizations that provide automatic enrollment of employees into 401(k), 403(b) or similar plans.

Percentage of Organizations Providing Employer Contribution

This benchmark reflects the percentage of employers that contribute to their employees' 401(k), 403(b) or similar plans.

Employee Participation Rate

This benchmark represents the percentage of employees in an organization who participate in a 401(k) or similar plan.

Percentage of Employee's Salary Automatically Contributed by Employer

This benchmark represents the percentage of an employee's salary that the employer automatically contributes to an employee's 401(k), 403(b) or similar account.

Percentage of an Employee's Contribution Matched by the Employer

As a way to encourage participation in the 401(k) or similar plan, employers often will match some or all of the employee's pretax contributions. This benchmark represents the percentage of an employee's contribution that the employer will match.

Maximum Percentage of Salary Matched by the Employer

Although employers may match a percentage of an employee's contribution to a 401(k) or similar plan, often there is a cap or maximum amount that will be matched. This maximum amount is typically expressed as a percentage of the employee's salary.

Tuition/Education Data

Tuition Reimbursement

Tuition reimbursement is a benefit that organizations offer to help pay back employees' educational expenses.

Maximum Reimbursement Allowed for

Tuition/Education Expenses per Year

The maximum reimbursement allowed for tuition/education expenses per year is the maximum amount, in dollars, the organization paid for tuition/education per employee. These expenses do not include training expenses for seminars and other activities that are not part of a college- or university-level undergraduate or graduate course(s).

Percentage of Employees Participating in Tuition/Education Reimbursement Programs

The percentage of employees participating in tuition or education reimbursement programs is the percentage of employees who were reimbursed for their tuition/education expenses. These do not include reimbursements for seminars and other activities that are not part of a college- or university-level undergraduate or graduate course(s).